

# CIGNA – FIND A DOCTOR

Medical coverage through Cigna uses the Open Access Plus (OAP) Network (*All states except Utah*)

To search or verify your providers are in the OAP network follow the below instructions.

1. Visit [cigna.com](https://cigna.com)
2. Choose “Find a Doctor” towards the top of the page
3. Select the box that reads “Employer or School”
4. Input location and search providers by type, name, or health facilities/group practices
5. Choose “continue as guest”
6. Select your location and then “continue”
7. Select “**Open Access Plus. Open Access Plus Tiered**”

---

## Utah Employees

Medical coverage for Utah Members through Cigna uses the Preferred Provider Organization (PPO) Network which includes Intermountain (IHC). Ensure the “PPO” network is listed when searching for providers or hospitals under the “Plans and Network Options” section of your provider search.

To search or verify your providers are in-network under the Utah plans follow the below instructions.

1. Visit [cigna.com](https://cigna.com)
2. Select “Find a Doctor” towards the top of the page
3. Select the box that reads “Employer or School”
4. Input location and search providers by type, name, or health facilities/group practices
5. Choose “continue as guest”
6. Select your location and then “continue”
7. Select “**PPO, Choice Fund PPO.**”

**Still have questions? call Cigna**

OneGuide for existing members: (800) 244-6224

Cigna pre-enrollment line: (888) 806-5042